

A New Consciousness, A New Life

Saturday Workshop Series – July 2020



Saturday, July 25, 2020

4:30 - 6:30 PM PDT Workshop

6:30 – 7:30 PM PDT One Hour Guided Meditation

Facilitator of the Insightful Dialogue will be **BK Anna Doilliani**. Born and educated in Greece, Anna holds a BA in Philosophy and Psychology from the University of Athens and is a teacher of Greek Literature, Philosophy and Psychology. Anna's lifetime search for truth and a higher purpose for human life led her to discover the benefits of meditation in 1987. Since then her actual experiences from her personal practice together with her desire to help others has led her to help establish Raja Yoga Meditation centers in Greece and Middle East countries. Anna is currently the director of the Brahma Kumaris Center in Beirut while she also travels the world running seminars on education and values, science and spirituality and other areas of human spiritual development, encouraging discussion, meditation and action for changing the self and so the world. Anna's innate passion is to explore in depth human consciousness and serve the world by helping in bringing out the best in others.

Venue: Los Angeles Brahma Kumaris Raja Yoga Meditation Center Zoom Room

Login Link: <https://zoom.us/j/99768784784>

Meeting ID: 997 6878 4784

Please email us at: **losangeles@us.brahmakumaris.org**
to receive the Secure **Password** to enter the Zoom Room.

If you do not have the Zoom App, you may download for free either on your computer, laptop, iPad or smartphone and then join the session by entering the meeting via link/password upon receiving it.

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